

CAMHS Home Treatment Team

Introduction to HTT

The CAMHS Home Treatment Team (HTT) offer a service to young people who are aged 12 -18; and their parents/carers whilst they are in the acute phase of mental illness and present with severe impairment (e.g. not able to leave the house), significant risk (suicidal plans, self-harm, repeated presentation to Emergency Departments) or high complexity (e.g. complex developmental and attachment trauma, high adversity environments, combined high functioning neurodevelopmental disorder and trauma), where a community CAMHS provision would not be sufficient to engage the family and/ or Young Person, contain risk or progress treatment.

The CAMHS HTT for Cambridgeshire/Peterborough is a multidisciplinary team comprising:

- Service Lead
- Consultant psychiatrist
- Psychologist
- Team manager/clinical lead
- Family therapist
- Social worker
- Band 7 Clinical specialists
- Senior mental health practitioners
- Support Time and Recover workers/ Associate Nurse
- Youth Intensive Psychological Practitioner
- Specialist Teacher
- Administrator/ Coordinator.

Educational Aims:

The educational aims of the CAMHS HTT are to support young people and their families to engage with education and to help facilitate the most appropriate and effective educational offer for the young people in our care.

Curriculum

Educational support is provided to the CAMHS Home Treatment Team from a Specialist Teacher provided by Pilgrims Pathways.

Offer 1: 1:1 Tuition

Young people not currently engaging in education may be offered 1:1 tuition with the HTT Specialist teacher. The aim of the tuition can be to increase the young person's educational offer by supplementing any existing tuition offer; or to support the young person towards integration in either mainstream or specialist education as appropriate. Tuition may take place in the young person's home, local community buildings such as the local library, or in their named educational setting.

Following initial consultation with the Specialist teacher, baselines will be completed with pupils to identify areas of strength, areas for development and any potential gaps in knowledge or skills. The

specialist teacher will then set out an Individual Learning Plan in collaboration with the young person to develop these areas of need and build confidence by setting clearly defined targets to work on.

We utilise Pilgrim Pathways' 'Curriculum Pathways' model to support the delivery of tuition in the community. 'Pathway 1 and 2' might be required for individuals who have been out of education for an extended period of time with significant barriers to engagement and require additional support to engage with activities in an educational setting. These activities will be developed to support the young person to engage with the teacher and reduce anxiety in relation to education; however, the majority of tuition will fall into Pathway 3 or 4 from the Pilgrim Pathways model. The Specialist Teacher is able to access support and shared resources from Subject Leaders at Pilgrim Pathways for subjects outside of their specialism. Please see the Curriculum Pathways webpage for more information about the Pathways model.

Offer 2: Reintegration support

For young people who have been out of school for a significant period of time, we are able to offer personalised support in conjunction with their main education provider (school, college, Alternative Provision, etc) to reintegrate into education. This may include some initial tuition in the community, accompanying the young person to lessons in their educational setting, attending meetings to liaise with the educational setting, and where appropriate, the Local Authority to create appropriate reintegration packages.

Reintegration advice may also be provided to educational institutions to help them understand the specific needs of the young person and how to best support them within the setting.

Offer 3: Strategic advice for Home Treatment Team

The Specialist teacher provides support for the Home Treatment Team offering a SEN surgery to staff working with young people with educational concerns. As a qualified SENCO, the Specialist Teacher is able to sign post the team to services and support for young people and provide advice regarding Access Arrangements for public examinations. The Specialist Teacher can offer support to the team when applying for EHCNAs.